

PSYCHIATRIC OUTPATIENT CLINIC
2121 Main Street
Anywhere, USA

Date of Exam: 6/10/2015
Time of Exam: 9:51:38 AM

Patient Name: Little, Aimee
Patient Number: 1000010659748

Outpatient Nursing Note

Adverse Drug Reactions: Updated list of Adverse Drug Reactions:
(1) Added ADR to Sulfa Drugs, Reaction(s) = Urticaria, Status = Active

Nutrition:

Appetite/Weight:

Mrs. Little describes her appetite as "good."

Mrs. Little reports eating three meals per day. Appears to be at or near ideal weight. A recent weight gain is not reported.

Pain:

Mrs. Little describes current pain. Mrs. Little describes head pain. The pain is of moderate intensity. It cannot be ignored and interferes with concentration. "I get migraines."
(no pain)-----|-----(unbearable)

Pain interferes with:

Sleep

The pain is described as intermittent. Pain is described as an ache. The pain is helped with certain analgesic medications. Pain is not considered to be well controlled and a more comprehensive assessment will be obtained.

Mrs. Little was asked to rate her pain on a scale of 0-10 where 0 is no pain and 10 is the worst pain imaginable. Current pain is rated as 6.

Nursing Education:

The following educational information was provided to Mrs. Little:

Medication Information: Comprehension appeared to be good. This was evidenced by her verbalized understanding of the presented information.

Vital Signs:

Sitting blood pressure is 140 / 85. Sitting pulse rate is 79. Respiratory rate is 19 per minute. Temperature is 98.2 degrees F. Height is 5' 5" (165 cm). Weight is 130 lbs. (59 Kg). BMI is 21.6. Fasting blood sugar: 95.

Notes & Risk Factors:

Acute Grief: Death of husband 4/1/15

Elizabeth Gallagher, RN

Electronically Signed

By: Elizabeth Gallagher, RN

On: 6/10/2015 9:51:57 AM