October Boyles, DNP, MSN, BSN, RN

Sunshine Counseling

1600 Brightness Way Annapolis, MD 21409 443-347-0990

Peter Parker

Chart ID: 0054 DOB: 09-14-1998

Progress Note

Start Time: 04:36 PM EDT Encounter Date: Thursday, July 27, 2023

INTERVAL HISTORY:

Problem Pertinent ROS:

Peter describes symptoms of grief and states, "I miss my grandfather." Symptoms have worsened and are more frequent or more intense. The grief symptoms are present chronically. Peter has poor anger control. Episodes of crying are occurring. His anhedonia or loss of pleasure has worsened. Feelings of sadness are present. Peter's preoccupation with loss has worsened. Complaints of digestive problems are occurring. Headaches are reported. His behavior has been stable and uneventful.

ALLERGIES / ADR:

Adverse Drug Reactions and Allergies/Intolerances:

Adverse Drug Reactions and Allergies/Intolerances were reviewed and no ADRs or Allergies/Intolerances were reported.

SUICIDE/VIOLENCE RISK ASSESSMENT:

Suicide Risk Assessment: Peter denies suicidal ideas or intentions.

EXAM:

Peter's mood is euthymic with no signs of depression or manic process. He presents as relaxed, attentive, communicative, and well groomed and dressed. His speech is normal in rate, volume, and articulation and his language skills are intact. He denies suicidal or self-injurious ideas or impulses. Assaultive or homicidal ideas or intentions are also denied. Hallucinations and delusions are denied and there is no apparent thought disorder. Associations are intact, thinking is generally logical, and thought content is appropriate. Cognitive functioning, based on vocabulary and fund of knowledge, is intact and age appropriate and he is fully oriented. There are no signs of anxiety apparent. He exhibits no signs of attentional or hyperactive difficulties. Insight and social judgment appear intact.

DIAGNOSES:

The following Diagnoses are based on currently available information and may change as additional information becomes available:

Prolonged grief disorder, F43.81 (ICD-10) (Active)

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Electronically Signed By: October Boyles, MSN, BSN, RN On: 7/27/2023 9:58:44 PM