

This sample outpatient substance abuse chart was created in the [ICANotes Behavioral Health EHR](#). The only words typed when creating this chart are highlighted in yellow. All other text is generated using the ICANotes button-driven content library.

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Outpatient Psychiatry

Date of Exam: 9/1/2015
Time of Exam: 7:30:20 AM
Patient Name: Smith, Mia
Patient Number: 1000010660961

CHEMICAL DEPENDENCY ASSESSMENT

Diagnoses: The following Diagnoses are based on currently available information and may change as additional information becomes available.

Alcohol Use Disorder, Moderate, F10.20 (ICD-10) (Active)
Essential (primary) hypertension, I10 (ICD-10) (Active)

Dimension 1: INTOXICATION / WITHDRAWAL RISK RATING: 1, as evidenced by:

Client can tolerate and cope with withdrawal discomfort. The client displays mild to moderate intoxication or signs and symptoms interfering with daily functioning but does not immediately endanger self or others. Client poses minimal risk of severe withdrawal.

Information Re Substance Abuse Received From:
Mrs. Smith.

Drug Used:

Mrs. Smith uses the following substance: Alcohol

Tolerance:

*A markedly diminished effect with continued use of the same amount of alcohol.

*Craving, or strong desire or urge to use alcohol.

Impression:

When Mrs. Smith uses substance the quantity used is one bottle of wine per evening.

Pattern of Use: She uses a few times a week.

Mrs. Smith has been using this substance intermittently for years. She last used the substance three days ago.

Withdrawal Symptoms:

Mrs. Smith denies ever experiencing withdrawal symptoms.

Dimension 2: BIOMEDICAL CONDITION/COMPLICATION RISK RATING: 0, as evidenced by:

Client is fully functioning and demonstrates good ability to cope with physical discomfort or there are no current biomedical conditions or complications or symptoms are stable and do not interfere with functioning.

Psychotropic Med History:

Psychotropic medications have never been prescribed for Mrs. Smith.

Dimension 3: MENTAL HEALTH RISK RATING: 0, as evidenced by:

Client has good impulse control and coping skills and presents no risk of harm to self or others. Client functions in all life areas and displays no emotional, behavioral, or cognitive problems or the problems are stable.

Global Assessment of Individual Needs:

Mrs. Smith reports that she has the following:

*Victim of Abuse: Never

*Medical/Detox:

Mrs. Smith denies any serious medical condition or imminent withdrawal symptoms.

Dimension 4: TREATMENT ACCEPTANCE RISK RATING: 1, as evidenced by:

Client is motivated with active reinforcement, to explore treatment and strategies for change, but ambivalent about illness or need for change.

Motivation for Change: Mrs. Smith appears to be well motivated for change.

Addictive Behaviors: Mrs. Smith describes alcohol problems, as are elsewhere described. Mrs. Smith describes a history of an eating disorder.

Dimension 5: RELAPSE POTENTIAL RISK RATING: 1, as evidenced by:

Client recognizes relapse issues and prevention strategies, but displays some vulnerability for further substance use or mental health problems.

Relapse History: Mrs. Smith reports that this evaluation is not relapse related.

Dimension 6: RECOVERY ENVIRONMENT RISK RATING: 3, as evidenced by:

Client is not engaged in structured, meaningful activity, and peers, family, significant other, and living environment are minimally supportive.

HIGHEST RISK RATING:

Dimension 6: RECOVERY ENVIRONMENT RISK RATING: 3, as evidenced by:

Client is not engaged in structured, meaningful activity, and peers, family, significant other, and living environment are minimally supportive.

RECOMMENDATION: Outpatient Treatment.

Condition or behavior requires treatment but condition is stable enough for outpatient treatment, and there is no apparent danger to self or others.

Elizabeth Jones, MD

Electronically Signed

By: Elizabeth Jones, MD

On: 9/1/2015 7:31:37 AM