

PSYCHIATRIC CLINIC  
123 Main Street  
Anywhere, US 12345  
555-678-9100

**Smith, Stacey**

10/30/2013  
3:39:54 PM

ID: 1000010651905

DOB: 9-5-1998

**Admission Orders: Inpatient Eating Disorder Unit  
Psychiatrist**

**INTERVAL HISTORY:**

**DIAGNOSES:** The following Diagnoses are based on currently available information and may change as additional information becomes available.

Axis I: **Anorexia Nervosa Restricting Type, 307.1 (F50.01) (Active)**  
Axis II: Deferred Diagnosis 799.99  
Axis III: See Medical History  
Axis IV: Primary Support Group  
Social Environment  
Axis V: 60

**INSTRUCTIONS / RECOMMENDATIONS / PLAN:**

***Admission Orders***

Admit: Adolescent Eating Disorder Unit.

Condition: Critical

Legal Status: Voluntary:

Routine Admission Lab Screen:

CBC with differential/platelet count

Comprehensive Metabolic Panel

TSH

Syphilis Serology (RPR)

Routine Urinalysis

Chest X Ray

EKG

***Activity Orders***

Routine precautions include:

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START 15 Minute Checks

Elopement Precautions:

PRIVILEGES:

On Unit

Use of Electronics:

### ***Nursing Instructions***

Notify M.D. if...

Minor wound not healing or infected.

Temperature >100

Sore throat for > 24 hours

Respiratory Distress

Heart Rate > 100 or < 60

Constipation: Administer Miralax mixed with any appropriate liquid po 1-2 times per day. DO NOT exceed more than 2 doses per day.

Daily Weight

Dysmenorrhea or Muscle Strain: Apply heat pack to effected area prn

Gas: Administer Phazyme 1-2 tabs po qid prn

General Wound Care: Clean wound with sterile water, soap, or hydrogen peroxide. Apply dressing as needed until healed.

Lactose Intolerance: Administer Lactaid 1-2 tabs po qid prn

)Minor Cuts: Apply Neosporin Cream TID until healed then stop.

Minor Injury: Ice pack to injured area for 15-20 minutes every six hours. If swelling and bruising occurs call MD.

Nasal Irritation: Administer saline nasal spray 1-2 puffs q1h

Sore Throat / Canker Sore: Administer Oragel PO q2h to affected area up to five days.

**Start Prozac 20 mg PO QAM (Depression)**

**Start Abilify 5 mg PO QAM (Antidepr Augm.)**

**Increased Ambien CR 12.5 mg PO QHS PRN (Insomnia)**

### **NOTES & RISK FACTORS:**

History of cutting wrists when profoundly depressed.

High nutritional risk

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Elizabeth Lobao (MD)

Electronically Signed

By: Elizabeth Lobao (MD)

On: 10/30/2013 3:44:02 PM