

October Boyles, DNP, MSN, BSN, RN  
Sunshine Counseling  
1600 Brightness Way  
Annapolis, MD 21409  
443-347-0990

Diana Prince

Chart ID: 0054      DOB: 03-28-1978

Progress Note

Encounter Date: Tuesday, August 15, 2023      Start Time: 1:05 PM EDT

RECENT HISTORY:

Diana has been having dysphoric moods. It is reported that an appetite change has recently occurred. She has had a weight loss of more than 5 pounds. Episodes of fatigue have occurred. Sleep disturbance is reported. Diana has difficulty falling asleep and staying asleep. She reports early morning awakening. She is having substance cravings and has been tempted to use. Diana denies using. Diana today reports she has been attending meetings occasionally. A sample for urine drug screen was not obtained today. A Breathalyzer test was not performed today.

BEHAVIOR:

Diana needs assists or cues to get self-care done. She is having to force herself to perform domestic tasks. Impulsive behaviors continue to be a problem. Diana’s anger is poorly controlled. She has maintained sobriety. Diana’s food and water intake is diminished.

THERAPY CONTENT/CLINICAL SUMMARY:

This session the patient's focus was on feelings of hopelessness. Substance use was also discussed. The focus of today's session was on issues involving substance use. The meaning and importance of abstinence was also explored with the patient today.

90834 Psychotherapy 45 min.

Time spent face to face with patient and/or family and coordination of care: 38 to 52 minutes

DIAGNOSES:

The following Diagnoses are based on currently available information and may change as additional information becomes available.

Other psychoactive substance use, unspecified, F19.10 (ICD-10) (Active)

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Electronically Signed By:  
October Boyles, MSN, BSN, RN  
On: 8/11/2023 7:34:25 PM