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ELIZABETH JONES, MD
Outpatient Psychiatry

Date of Exam: 9/9/2015
Patient Name: Smith, Mia
Patient Number: 1000010660961

NURSING PROGRESS NOTE: OUTPATIENT

Symptoms of depression continue to be described by the patient. Mrs. Smith's depressive moods are episodically present. Mrs. Smith's depressive moods typically occur a few times a week. Excessive worrying is described. Mrs. Smith describes feeling sad. She denies suicidal ideas or intentions.

Problem Pertinent ROS: Mrs. Smith describes cravings to use. She acknowledges that she was tempted to use. Mrs. Smith acknowledges that she has used since her last appointment.

She denies all current symptoms of drug withdrawal.

Behavior:
Medication has been taken regularly. She is having to force self to function fully at work. There are no early signs of substance abuse relapse and sobriety has been maintained. Impulsive behaviors are not reported.

Mental Status Exam: Mrs. Smith presents as calm, downcast, communicative, but slow to respond. Signs of mild depression are present. She is tearful. Slowness of physical movement helps reveal depressed mood. Suicidal ideas are denied. Insight into problems appears fair. Judgment appears fair. No signs of withdrawal or intoxication are in evidence.

Vital Signs:
Sitting blood pressure is 115 / 60. Sitting pulse rate is 80. Respiratory rate is 19 per minute. Temperature is 98.5 degrees F.

Diagnoses: The following Diagnoses are based on currently available information and may change as additional information becomes available.

Alcohol Use Disorder, Moderate, 303.90 (F10.20) (Active)
Essential Hypertension, 401.9 (Active)
Major Depressive Disorder, Single Episode, Moderate, 296.22 (F32.1} (Active)

NOTES AND RISK FACTORS
History of Subst. Abuse
Active in Couples Therapy

Linda Hamilton, RN

Electronically Signed
By: Linda Hamilton, RN
On: 9/9/2015 9:35:46 AM