

PSYCHIATRIC OUTPATIENT CLINIC  
2121 Main Street  
Anywhere, USA

Date of Exam: 6/9/2015  
Time of Exam: 4:23:39 PM

Patient Name: Little, Aimee  
Patient Number: 1000010659748

**Med Check Note (MD)**

**Interval History:** Mrs. Little has had a partial response to treatment. Symptoms of depression continue to be described. Mrs. Little's depressive moods are episodically present. Symptoms, as noted, have improved as they are less frequent or less intense. Anhedonia is described. She describes continued difficulty concentrating. Mrs. Little is still having difficulties sleeping. Mrs. Little denies suicidal ideas or intentions. Denial is convincing.

**Problem Pertinent Review of Symptoms/ Associated Signs and Symptoms:**  
Feelings of anxiety are denied.

**Exam:** Mrs. Little presents as calm, attentive, casually groomed, but slow to respond. She exhibits speech that is normal in rate, volume, and articulation and is coherent and spontaneous. Language skills are intact. Signs of moderate depression are present. Thought content is depressed. Facial expression and general demeanor reveal depressed mood. Suicidal ideas are denied. Her affect is congruent with mood. Associations are intact and logical. Cognitive functioning and fund of knowledge are intact and age appropriate. This patient is fully oriented. Insight into problems appears fair. Judgment appears fair. There are no signs of anxiety. There are no signs of hyperactive or attentional difficulties. Mrs. Little's behavior in the session was cooperative and attentive with no gross behavioral abnormalities.

**Diagnoses:**

Adjustment Disorder with Depressed Mood, 309.0 (F43.21) (Active)  
Generalized Anxiety Disorder, 300.02 (F41.1) (Active)  
Esophageal Reflux, 530.81 (Active)  
R/O Histrionic Personality Disorder, 301.50 (F60.4) (Active)

**Instructions / Recommendations / Plan:**

A clinic or outpatient treatment setting is recommended because patient is impaired to the degree that there is relatively mild interference with interpersonal /occupational functioning.

6/8/2015 Started Celexa 20 mg PO QAM x30days # 30 (thirty) None refills (Depression)  
**Stop Klonopin 0.25 mg PO TID x30days # 90 (ninety) None refills (Anxiety)**  
**Increase Ambien CR 12.5 mg PO QHS x30days # 30 (thirty) None refills (Insomnia)**

**Notes & Risk Factors:**

Acute Grief: Death of husband 4/1/15

**99214** (Office Pt, Established)

Elizabeth Jones (MD)

Electronically Signed  
By: Elizabeth Jones (MD)  
On: 6/9/2015 4:23:43 PM