## **Mental Health Intake Form**

(all information on this form is strictly confidential)

Patient First Name:	Patient Last Name:
Name of Person completing form (if other than patient):	
Date Completed:	Patient Date of Birth:
Primary Care Physician:	Physician Phone:

Current Symptoms Checklist (please check all appropriate columns)

	Mild	Moderate	Severe		Mild	Moderate	Severe
Aggression				Judgment errors			
Agitation				Loneliness			
Anger				Loss of interest in activities			
Anxiety				Memory impairment			
Appetite change				Mood swings			
Change in libido				Obsessions			
Compulsions				Oppositional behavior			
Crying/tearful				Panic attacks			
Cyber addiction				Paranoia			
Delusions				Phobias/fears			
Depression				Physical trauma perpetrator			
Disorientation				Physical trauma victim			
Difficulty getting out of bed				Poor concentration			
Difficulty making decisions				Poor grooming			
Distractibility				Racing thoughts			
Eating disorder				Recurring thoughts			
Elevated mood				Self-mutilation			
Emotional trauma perpetrator				Sexual addiction			
Emotional trauma victim				Sexual difficulties			
Excessive energy				Sexual trauma perpetrator			
Fatigue				Sexual trauma victim			
Grief				Sleep problems			
Guilt				Speech problems			
Gambling				Social isolation			
Hallucinations				Substance abuse			
Hearing voices				Suicidal thoughts			
Heart palpitations				Worried			
Hopelessness				Worthlessness			
Hyperactivity				Other:			
Impulsivity				Other:			
Irritability				Other:			

#### MEDICAL HISTORY

### **Current Medications**

Medication Name	Total Daily Dosage	Estimated Start Date

Describe current physical health:  $\Box$  Good  $\Box$  Fair  $\Box$  Poor

List any known allergies:

Past nonpsychiatric hospitalizations or surgeries:

Do you exercise regularly? □ Yes □ No

### Personal and Family Medical History (Have you or a family member ever had any of the following? If family, specify which family member)

	You	Family	Who?		You	Family	Who?
Alzheimer's/Dementia				Head Injury			
Anemia				Heart Disease			
Arthritis				High Blood Pressure			
Asthma				High Cholesterol			
Behavioral problems				HIV Positive or AIDS			
Birth defects				Kidney Problems			
Cancer				Liver Problems/Hepatitis			
Chronic Fatigue				Lung Disease			
Chronic Pain				Mental Retardation			
Diabetes				Migraine or Cluster Headaches			
Ear/Nose/Throat Problems				Neurological Problems			
Eating Disorder				Skin Disease			
Emotional Problems				Sleep Apnea			
Endocrine/Hormone Problems				Stroke			
Epilepsy or Seizures				Thyroid Disease			
Eye Problems				Tuberculosis			
Fibromyalgia				Urological Problems			
Gastrointestinal Problems				Viral Illness/Herpes			
Genital/Gynecological Problems				Other:			

## EMOTIONAL/PSYCHIATRIC HISTORY

### **Prior Outpatient Treatment?** Yes No If yes, please describe:

Reason	Dates Treated	By Whom

Prior Inpatient Treatment (for psychiatric, emotional, or substance abuse disorder)?

Reason	Date Hospitalized	Where

Family History (has anyone in your family ever been treated for any of the following)?

	Father	Mother	Aunt	Uncle	Brother	Sister	Children	Grandparent
Depression			□ Maternal □ Paternal	□ Maternal □ Paternal				□ Maternal □ Paternal
Anxiety			□ Maternal □ Paternal	□ Maternal □ Paternal				□ Maternal □ Paternal
Panic Attacks			□ Maternal □ Paternal	□ Maternal □ Paternal				□ Maternal □ Paternal
Post Traumatic Stress			□ Maternal □ Paternal	□ Maternal □ Paternal				□ Maternal □ Paternal
Bipolar Disorder/Manic Depression			□ Maternal □ Paternal	□ Maternal □ Paternal				□ Maternal □ Paternal
Schizophrenia			□ Maternal □ Paternal	□ Maternal □ Paternal				□ Maternal □ Paternal
Alcohol Problems			□ Maternal □ Paternal	□ Maternal □ Paternal				□ Maternal □ Paternal
Drug Problems			□ Maternal □ Paternal	□ Maternal □ Paternal				□ Maternal □ Paternal
ADHD			☐ Maternal ☐ Paternal	□ Maternal □ Paternal				□ Maternal □ Paternal

Suicide Attempts	□ Maternal □ Paternal				☐ Maternal ☐ Paternal
Psychiatric Hospitalization	□ Maternal □ Paternal	☐ Maternal ☐ Paternal			□ Maternal □ Paternal

Past Psychiatric Medications (if you have ever taken any of the following medications, indicate the date, dosage, and how helpful they were)

Antidepressants	Check if taken	When?	Dosage?	Did it help?	Any side effects?
Prozac (fluoxetine)				□ Yes □ No	□ Yes □ No
Zoloft (sertraline)				□ Yes □ No	□ Yes □ No
Luvox (fluvoxamine)				□ Yes □ No	□ Yes □ No
Paxil (paroxetine)				□ Yes □ No	□ Yes □ No
Celexa (citalopram)				□ Yes □ No	□ Yes □ No
Effexor (venlafaxine)				□ Yes □ No	□ Yes □ No
Cymbalta (duloxetine)				🗆 Yes 🛛 No	🗆 Yes 🗆 No
Wellbutrin (bupropion)				□ Yes □ No	□ Yes □ No
Remeron (mirtazapine)				□ Yes □ No	□ Yes □ No
Serzone (nefazodone)				□ Yes □ No	□ Yes □ No
Anafranil (clomipramine)				□ Yes □ No	□ Yes □ No
Pamelor (nortrptyline)				□ Yes □ No	□ Yes □ No
Tofranil (imipramine)				□ Yes □ No	□ Yes □ No
Elavil (amitriptyline)				□ Yes □ No	□ Yes □ No
Pristiq (desvenlafaxin)				□ Yes □ No	□ Yes □ No
Desyrel (trazadone)				□ Yes □ No	□ Yes □ No
Viibryd (vilazodone)				□ Yes □ No	□ Yes □ No
Adapin (doxepin)				□ Yes □ No	□ Yes □ No
Asendin (amoxapine)				□ Yes □ No	□ Yes □ No
Ludiomil (maprotiline)				□ Yes □ No	□ Yes □ No
Norpramin (desipramine)				□ Yes □ No	□ Yes □ No
Surmontil (trimipramine)				□ Yes □ No	□ Yes □ No
Vivactil (protriptyline)				□ Yes □ No	□ Yes □ No
Antipsychotics/Mood Stabilizers	Check if taken	When?	Dosage?	Did it help?	Any side effects?
Seroquel (quetiapine)				🗆 Yes 🛛 No	□ Yes □ No
Zyprexa (olanzapine)				□ Yes □ No	□ Yes □ No
Geodon (ziprasidone)				□ Yes □ No	□ Yes □ No
Abilify (aripiprazole)				□ Yes □ No	□ Yes □ No
Clozaril (clozapine)				□ Yes □ No	□ Yes □ No
Haldol (haloperidol)				🗆 Yes 🗆 No	□ Yes □ No
Prolixin (fluphenazine)				🗆 Yes 🛛 No	□ Yes □ No
Sedative/Hypnotics	Check if taken	When?	Dosage?	Did it help?	Any side effects?
Ambien (zolpidem)				□ Yes □ No	□ Yes □ No
Sonata (zaleplon)				□ Yes □ No	□ Yes □ No
Restoril (temazepam)				🗆 Yes 🗆 No	□ Yes □ No
Rozerem (ramelteon)				🗆 Yes 🗆 No	□ Yes □ No
Desyrel (trazodone)				□ Yes □ No	□ Yes □ No

ADHD Medications	Check if taken	When?	Dosage?	Did it help?	Any side effects?
Adderall (amphetamine)				□ Yes □ No	□ Yes □ No
Concerta (methylphenidate)				□ Yes □ No	□ Yes □ No
Ritalin (methylphenidate)				□ Yes □ No	□ Yes □ No
Strattera (atomoxetine)				□ Yes □ No	□ Yes □ No
Antianxiety Medications	Check if taken	When?	Dosage?	Did it help?	Any side effects?
Xanax (alprazolam)				🗆 Yes 🗆 No	🗆 Yes 🛛 No
Ativan (lorazepam)				🗆 Yes 🗆 No	🗆 Yes 🛛 No
Klonopin (clonazepam)				□ Yes □ No	□ Yes □ No
Valium (diazepam)				□ Yes □ No	🗆 Yes 🗆 No
Tranxene (clorazepate)				□ Yes □ No	□ Yes □ No
Buspar (buspirone)				□ Yes □ No	□ Yes □ No
Other Medications (specify)	Check if taken	When?	Dosage?	Did it help?	Any side effects?
				□ Yes □ No	□ Yes □ No
				□ Yes □ No	□ Yes □ No
				□ Yes □ No	□ Yes □ No

## SUBSTANCE USE HISTORY

## Substance Use Status:

□ No history of abuse □ Active abuse □ Early full remission □ Early partial remission □ Sustained full remission □ Sustained partial remission Treatment History:

□ Outpatient □ Inpatient □ 12-step program □ Stopped on own □ Other:

Substances Used (check all that apply)

Ever Used?	First use age	Last use age	Currently Used?	Frequency	Amount
Alcohol			□ Yes □ No		
□ Amphetamines/Speed			□ Yes □ No		
Barbiturates			□ Yes □ No		
□ Caffeine			🗆 Yes 🛛 No		
Cocaine			□ Yes □ No		
Crack Cocaine			🗆 Yes 🗖 No		
Ecstasy			🗆 Yes 🛛 No		
□ Hallucinogens (LSD			□ Yes □ No		
Heroin			□ Yes □ No		
Inhalants			🗆 Yes 🛛 No		
🛛 Marijuana			□ Yes □ No		
Methadone			□ Yes □ No		
□ Methamphetamine			🗆 Yes 🛛 No		
Painkillers			🗆 Yes 🛛 No		
□ Nicotine/Tobacco			🗆 Yes 🗆 No		
🗆 РСР			🗆 Yes 🛛 No		
□ Tranquilizers			□ Yes □ No		
□ Other:			□ Yes □ No		

## FAMILY HISTORY

### Family of Origin

Present During Childhood	Present entire childhood	Present part of childhood	Not present at all	Parents' Current Marital Status:	Childhood Family Experience:
Biological Mother				Married to each other	Outstanding home environment
Biological Father				□ Separated for years	Normal home environment
Adoptive Mother				<ul> <li>Divorced for years</li> <li>Mother remarried times</li> </ul>	<ul> <li>Chaotic home environment</li> <li>Neglected</li> </ul>
Adoptive Father				□ Father remarried times	Witnessed physical/verbal/sexual
Stepmother				□ Mother involved with someone	abuse towards others
Stepfather				□ Father involved with someone	Experienced physical/verbal/sexual abuse from others
Brother(s)				☐ Mother deceased for years Age of patient at mother's death:	
Sister(s)				□ Father deceased for years	Age of emancipation from home:
Other:				Age of patient at father's death:	

# DEVELOPMENTAL HISTORY

Problems	□ None	9	🗆 German	measles	□ Alcohol use	🗆 Oth	ier:		
during mother's	🗆 High	blood pressur	e 🛛 Emotion	nal stress	Drug use				
pregnancy	🗆 Kidn	ey infection	🗆 Bleeding	g	Cigarette use	2			
Birth	□ Norr	nal delivery	Difficult deliv	very 🗆 Ces	sarean delivery	Comp	lications:		
Birth Weight		lbs o	)Z.						
Infancy	□ Feed	ing problems	□ Sleep prob	lems 🛛 To	ilet training probl	lems			
Delayed Developme	ent Miles	tones (check o	only those miles	tones that d	id not occur at an	expected	age)		
<ul> <li>Sitting</li> <li>Speaking words</li> <li>Dressing self</li> <li>Riding bicycle</li> </ul>		<ul> <li>Rolling over</li> <li>Speaking s</li> <li>Engaging p</li> <li>Other:</li> </ul>	sentences	□ Standing □ Controllin □ Toleratin	ng bladder g separation		ng blling bowels g cooperatively	<ul> <li>Feeding self</li> <li>Sleeping alone</li> <li>Riding tricycle</li> </ul>	
Childhood Health									
<ul> <li>Chickenpox (age:</li> <li>Scarlet fever (age</li> <li>Pneumonia (age:</li> <li>Asthma</li> </ul>	) : ) )	□ German m □ Lead poisc □ Tuberculos □ Allergies to	oning (age: ) sis (age: )	□ Red mea □ Mumps ( □ Mental re	age: )		natic fever (age: ) neria (age: ) n	<ul> <li>□ Whooping cough (age:</li> <li>□ Poliomyelitis (age: )</li> <li>□ Ear infections</li> </ul>	)
Emotional/Behavior	ral Probl	ems							
Drug use		□ Alcohol ab		Chronic l	, 0	□ Stealir	0	Violent temper	
□ Fire setting		Hyperactiv		Animal c	•	Assaul		Disobedient	
<ul> <li>Repeats words of</li> <li>Bizarre behavior</li> </ul>	others	□ Not trustw □ Self-injuric	•	□ Hostile/a □ Frequent	• •		sive ently daydreams	Immature Lack of attachment	
Distrustful		Extreme w		Self-injur	•			Easily distracted	
Poor concentratio	on	□ Often sad		Breaks th		Other:			
Social Interaction									
<ul> <li>Normal social inte</li> <li>Dominates others</li> </ul>		□ Isolates se □ Very shy	lf	□ Alienates □ Associate	self es with acting out	peers	<ul> <li>Inappropriate se</li> <li>Other:</li> </ul>	ex play	
ntellectual/Academic Functioning									
<ul> <li>Normal intelligen</li> <li>Underachieving</li> </ul>	ce	□ High intell □ Mild retar	-	□ Learning □ Moderate	problems e retardation		rity conflicts e retardation	Attention problems	

Current or highest education level:

#### SOCIO-ECONOMIC HISTORY

Living Situation:	Social Support System:	Financial Situation:	
□ housing adequate	□ supportive network	no current financial problems	
homeless	□ few friends	□ large indebtedness	
□ housing overcrowded	□ substance-use-based friends	poverty or below-poverty income	
dependent on others for housing	no friends	□ impulsive spending	
□ housing dangerous/deteriorating	□ distance from family of origin	□ relationship conflicts over finances	
□ living companions dysfunctional			
Employment:	Legal History:	Military History:	
employed and satisfied	no legal problems	never in military	
employed but dissatisfied	now on parole/probation	served in military – no incident	
□ unemployed	arrest(s) not substance-related	served in military – with incident	
Coworker conflicts	arrest(s) substance related	currently serving in military	
□ supervisor conflicts	court ordered this treatment	honorable discharge	
unstable work history	□ jail/prison time(s)	other type of discharge:	
□ disabled:	total time served:		
	Cultural/Spiritual/Recreational History		
Sexual History:	cultural/spiritual/ Necreational ristory		
Sexual History:	Cultural Identity (ethnicity, religion):		
-		ent problem(s):	
□ straight/heterosexual orientation	Cultural Identity (ethnicity, religion):		
<ul> <li>straight/heterosexual orientation</li> <li>lesbian/gay/homosexual orientation</li> </ul>	Cultural Identity (ethnicity, religion): Describe any cultural issues that contribute to curre	es? 🗆 Yes 🔲 No	
<ul> <li>straight/heterosexual orientation</li> <li>lesbian/gay/homosexual orientation</li> <li>bisexual orientation</li> </ul>	Cultural Identity (ethnicity, religion): Describe any cultural issues that contribute to curre Currently active in community/recreational activitie	es? 🗆 Yes 🔲 No	
<ul> <li>straight/heterosexual orientation</li> <li>lesbian/gay/homosexual orientation</li> <li>bisexual orientation</li> <li>transsexual</li> </ul>	Cultural Identity (ethnicity, religion): Describe any cultural issues that contribute to curre Currently active in community/recreational activitie Formerly active in community/recreational activitie	es? 🗆 Yes 🗆 No es? 🗆 Yes 🗆 No	
<ul> <li>straight/heterosexual orientation</li> <li>lesbian/gay/homosexual orientation</li> <li>bisexual orientation</li> <li>transsexual</li> <li>asexual</li> </ul>	Cultural Identity (ethnicity, religion): Describe any cultural issues that contribute to curre Currently active in community/recreational activitie Formerly active in community/recreational activitie Currently engage in hobbies?	es? 🗆 Yes 🗆 No es? 🔄 Yes 🗀 No 📄 Yes 🗀 No	
<ul> <li>straight/heterosexual orientation</li> <li>lesbian/gay/homosexual orientation</li> <li>bisexual orientation</li> <li>transsexual</li> <li>asexual</li> <li>unsure/questioning orientation</li> </ul>	Cultural Identity (ethnicity, religion): Describe any cultural issues that contribute to curre Currently active in community/recreational activitie Formerly active in community/recreational activitie Currently engage in hobbies?	es? 🗆 Yes 🗆 No es? 🔄 Yes 🗀 No 📄 Yes 🗀 No	
<ul> <li>straight/heterosexual orientation</li> <li>lesbian/gay/homosexual orientation</li> <li>bisexual orientation</li> <li>transsexual</li> <li>asexual</li> <li>unsure/questioning orientation</li> <li>currently sexually active</li> </ul>	Cultural Identity (ethnicity, religion): Describe any cultural issues that contribute to curre Currently active in community/recreational activitie Formerly active in community/recreational activitie Currently engage in hobbies? Currently participate in spiritual activities?	es? 🗆 Yes 🗆 No es? 🔄 Yes 🗀 No 📄 Yes 🗀 No	
<ul> <li>straight/heterosexual orientation</li> <li>lesbian/gay/homosexual orientation</li> <li>bisexual orientation</li> <li>transsexual</li> <li>asexual</li> <li>unsure/questioning orientation</li> <li>currently sexually active</li> <li>currently sexually satisfied</li> </ul>	Cultural Identity (ethnicity, religion): Describe any cultural issues that contribute to curre Currently active in community/recreational activitie Formerly active in community/recreational activitie Currently engage in hobbies? Currently participate in spiritual activities? Relationship History and Current Family:	es? 🗆 Yes 🗆 No es? 🔄 Yes 📄 No in Yes in No in Yes in No	
<ul> <li>straight/heterosexual orientation</li> <li>lesbian/gay/homosexual orientation</li> <li>bisexual orientation</li> <li>transsexual</li> <li>asexual</li> <li>unsure/questioning orientation</li> <li>currently sexually active</li> <li>currently sexually satisfied</li> <li>currently sexually dissatisfied</li> </ul>	Cultural Identity (ethnicity, religion): Describe any cultural issues that contribute to curre Currently active in community/recreational activitie Formerly active in community/recreational activitie Currently engage in hobbies? Currently participate in spiritual activities? Relationship History and Current Family: married children living at home	es? 🗆 Yes 🗆 No es? 🔄 Yes 📄 No in Yes in No in Yes in No	
<ul> <li>straight/heterosexual orientation</li> <li>lesbian/gay/homosexual orientation</li> <li>bisexual orientation</li> <li>transsexual</li> <li>asexual</li> <li>unsure/questioning orientation</li> <li>currently sexually active</li> <li>currently sexually dissatisfied</li> <li>age first sex experience:</li> </ul>	Cultural Identity (ethnicity, religion): Describe any cultural issues that contribute to curre Currently active in community/recreational activitie Formerly active in community/recreational activitie Currently engage in hobbies? Currently participate in spiritual activities? Relationship History and Current Family: married children living at home children living elsewhere	es? 🗆 Yes 🗆 No es? 🔄 Yes 📄 No in Yes in No in Yes in No	
<ul> <li>straight/heterosexual orientation</li> <li>lesbian/gay/homosexual orientation</li> <li>bisexual orientation</li> <li>transsexual</li> <li>asexual</li> <li>unsure/questioning orientation</li> <li>currently sexually active</li> <li>currently sexually satisfied</li> <li>currently sexually dissatisfied</li> <li>age first sex experience:</li> <li>age first pregnancy/fatherhood:</li> </ul>	Cultural Identity (ethnicity, religion): Describe any cultural issues that contribute to curre Currently active in community/recreational activitie Formerly active in community/recreational activitie Currently engage in hobbies? Currently participate in spiritual activities? Relationship History and Current Family: married children living at home divorced children living elsewher single	es? 🗆 Yes 🗆 No es? 🔄 Yes 📄 No in Yes in No in Yes in No	
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