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1/28/2019
11:55:32 AM

Chapman, Piper

ID: 1000010665675

DOB: 1/1/1989

Nursing SOAP Note

SUBJECTIVE:

Piper states, "I feel like my medications are helping me."

OBJECTIVE:

Medication has been taken regularly. Ms. Chapman has normal food and fluid intake. Weight is stable and unchanged. Regular bowel movements are occurring. Stool was medium in volume today. Consistency of the stool was normal.

ASSESSMENT:

Ms. Chapman continues to need outpatient treatment. She continues to exhibit symptoms of an emotional disorder that interfere with day-to-day functioning and requires continued treatment. However, she has good insight into her condition and is medication compliant.

EXAM: Supine blood pressure is 109 / 66. Supine pulse rate is 80. Respiratory rate is 16 per minute. Oxygen saturation is 99% (normal). Height is 5' 6" (167.6 cm).

DIAGNOSES: The following diagnoses are based on currently available information and may change as additional information becomes available.

Anxiety disorder, unspecified, F41.9 (ICD-10) (Active)
Dysthymic disorder, F34.1 (ICD-10) (Inactive)
Borderline personality disorder, F60.3 (ICD-10) (Active)
Major depressive disorder, recurrent, moderate, F33.1 (ICD-10) (Active)
Binge eating disorder, F50.81 (ICD-10) (Active)
Hoarding disorder, F42.3 (ICD-10) (Active)
Panic disorder [episodic paroxysmal anxiety], F41.0 (ICD-10) (Active)
Generalized anxiety disorder, F41.1 (ICD-10) (Active)

PLAN:

Link to Treatment Plan Problem: **Depressed Mood**

PROBLEM: Depressed Mood

Ms. Chapman's depressed mood has been identified as an active problem requiring treatment. It is primarily evidenced by: *Diagnosis of Depression: Without History of Treatment*

LONG-TERM GOAL:

Ms. Chapman will develop the ability to recognize, accept and cope with feelings of depression.

SHORT-TERM GOAL(S) & INTERVENTIONS:

Short-Term Goal / Objective:

Ms. Chapman will recognize and report depressive symptoms to staff.

Target Date: 2/15/2019 Status: Effective

Intervention:

Nurse will provide Self-report Scale of Depression and give Ms. Chapman instructions on how to use the 1-10 self-report scale and encourage developing ways to decrease depressed mood. Progress will be monitored and documented.

Moderate progress in reaching these goals and resolving problems seemed present today.

Recommend continuing the current intervention and short-term goals as they exist, since progress is being made but goals have not yet been met.

Notes & Risk Factors:

History of substance abuse

History of cutting

History of medication non-compliance

Diabetes

Has been assaultive

99214 (Office Pt, Established)

Time spent face to face with patient and/or family and coordination of care: 30 min

October Boyles, RN

Electronically Signed

By: October Boyles, RN

On: 1/28/2019 11:58:44 AM