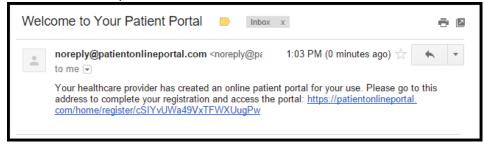
Patient Portal Instructions

1. Click the link in your email invitation.



2. Click the Register button.

Patient Portal

Register

You have been invited to access the Patient Portal.

If you are already registered. Please log in with your existing username and password.

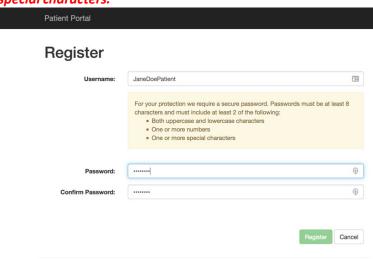
Login

Otherwise, please register by clicking the button below.

3. Fill out the registration form.

Register

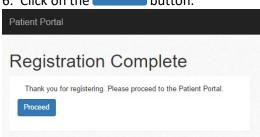
Note that your password must be a minimum of 8 characters and have at least two of the following: numeric, uppercase, special characters.



- 4. Once completed, click the Register button.
- 5. This message will appear in the bottom right of the web browser indicating that registration was successful.



6. Click on the Proceed button.

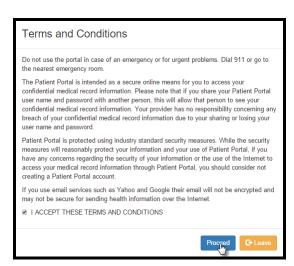


7. You will be brought to this webpage. Type in User name and Password. Click the Sign In button.



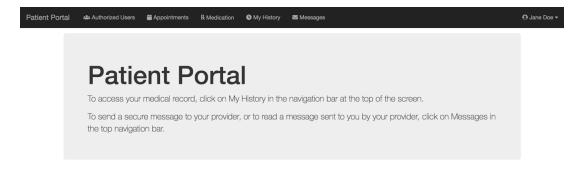
8. After clicking for the first time, you will be presented with the portal's Terms and Conditions (see screenshot on the following page). Please read this information, click the checkbox to indicate your acceptance, and then click the proceed button.

Note: If you have forgotten your password, you can reset it by clicking on the Forgot Password? Link on the Patient Portal login page or you can contact your provider's office. They can also reset your portal password for you.

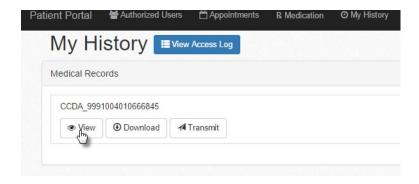


Patient Portal Instructions

9. After clicking the Proceed button, you will be at the portal's main screen. From here, you can create authorized users, see appointments, medication, access your medical history, or send secure messages to your provider.



10. To access your Medical History, click OMy History in the black bar at the top of the screen. You will arrive at this screen:



11. To view your medical record, click the button. A sample medical record is shown on the following page.

If you want to send your medical record to another provider, click the address where you would like to send the information. The email address must be one which uses the Direct protocol for transmission, otherwise your message will not be received by the provider (the email address must have the word "direct" in it after the @ sign).

Summarization of Episode Note

Patient	Jane Doe		
Date of birth	June 18, 1986	Sex	Female
Race		Ethnicity	
Contact info	Primary Home:	Patient IDs	1000010662531 97620e6f-534c-4e76-b76f-4308bcf08b7b
	Rutland, VT 05701, US Tel: 802-773-7821		
Document Id	4-2-035890800044-2969379-14095-2633415176064	490 97620e6f-534c-4e76-b	76f-4308bcf08b7b
Document Created:	January 13, 2016		
Performer	Joy MacLauren, QA		
Author	Joy MacLauren		
Contact info	2525 S Downing St South Park, CO 80210-5817, US Tel: (303) 778-1955		
Document maintained by	South Park		
Contact info	Work Place: 2525 S Downing St South Parkl, CO 80210-5817, US Tel: (303) 778-1955		

MEDICATIONS

Medication	RxNorm Code	Start Date	End Date	Status
Lexapro	352273			Completed

PROBLEMS

	Problem Name	Snomed Code	Start Date	End Date	Status
(F43.10) Post-traumatic stress disorder, unspecified					Active

ENCOUNTERS

Date	Diagnosis
1/13/2016	(F43.10) Post-traumatic stress disorder, unspecified(SNOMED:)

PROCEDURES

FUNCTIONAL STATUS

Functional Status

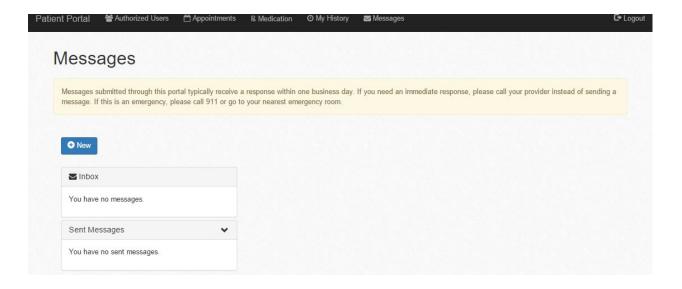
Exam: Examination of Ms. Doe reveals her to have no apparent serious mental status abnormalities. She is normal in appearance with age appropriate dress and grooming and she appears to be her stated age. Neither depression nor mood elevation is evident. Her speech is normal in rate, volume, and articulation and her language skills are intact. She convincingly denies suicidal and self injurious ideas or intentions. Homicidal or assaultive ideas or intentions are also denied. Hallucinations and delusions are denied and her behavior is generally appropriate. Associations are intact, thinking is basically logical and thought content is appropriate. There are no signs of cognitive difficulty, based on vocabulary and fund of knowledge. Memory is intact for recent and remote events and the patient is oriented to time, place, and person. There are no apparent signs of anxiety. A normal attention span is in evidence and she exhibits no signs of hyperactivity. Insight and judgment appear intact.

12. To send a secure message to your provider, click on the button.

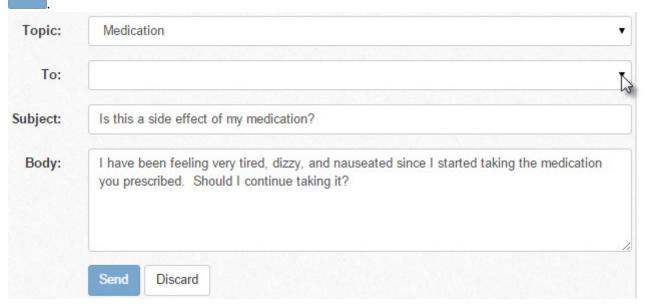


in the black bar at the top of the screen. Then click

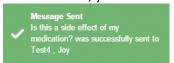
Patient Portal Instructions



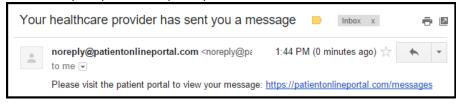
13. Compose your message, select your provider's name using the dropdown arrow at the right of the To: field, then click send



14. Once sent, you will receive a message in the bottom right of the webpage.



15. When your provider replies, you will receive an email alert to check the portal for the secure message:



16. Click the link provided and you will see the response in your inbox. Click on the response to read.



17. If you want to authorize someone else to access your portal account, click on Authorized Users in the black bar at the top, then click on to send them an invitation to register.

